



## Richland County Mental Health & Recovery Services Board



### MAY 2026 Mental Health Month ~ Local Events Calendar

**April 25<sup>th</sup> - 10:00am to 2:00pm:** CACY Ohio, in partnership with local government and law enforcement entities, hosts the National Prescription Drug Take Back Day. This is a safe and confidential way for the community to dispose of unused or expired prescription medications to help protect public health and the environment. Drop-off locations: Richland Co Solid Waste Management at 1125 National Parkway in Mansfield; Richland Co Sheriff's Office at 597 Park Avenue East in Mansfield; Plymouth Police Department at 48 West Broadway Street in Plymouth; Lexington Police Department at 44 West Main Street in Lexington; and Shelby Police Department at 31 Mack Avenue in Shelby.

**April 25<sup>th</sup> - 10:30am to 2:00pm:** Mansfield UMADAOP, in collaboration with the NAACP and local community partners, hosts the 27th Annual Minority Health Fair. This is a free community event offering health screenings, educational information, and wellness resources and also features games, activities, and fun for all ages. The event will be held at Providence Baptist Church on 112 West 6th Street in Mansfield. For more info - call Mansfield UMADAOP at 419-525-3525.

**April 28<sup>th</sup> at 7:00pm:** On behalf of the Village of Plymouth, Mayor Cassandra Fryman will offer a proclamation to help the Richland County Mental Health and Recovery Services Board celebrate Mental Health Month. The event will be held at Plymouth Village Hall at 48 West Broadway Street in Plymouth.

**May 5<sup>th</sup> at 9:30am:** The Richland County Commissioners will offer a proclamation to help Richland County Mental Health and Recovery Services Board celebrate Mental Health Month. The event will be held in the Commissioner's Board Room at the Richland County Courthouse.

**May 6<sup>th</sup> at 7:00pm:** On behalf of the City of Mansfield, Mayor Jodie Perry will offer a proclamation in support of the Richland County Mental Health and Recovery Services Board and Mental Health Month. The event will be held at Mansfield City Hall at 30 North Diamond Street.

**May 7<sup>th</sup> - 4:30pm to 6:30pm:** Catalyst Life Services will host its Annual Kids Carnival at 270 Sterkel Blvd in Mansfield. This annual event celebrates Mental Health Awareness Month and supports kids in need. The event is free, but we ask those who are able to bring a donation of hygiene products. Come join the us for snacks, prizes, games, and more! For more information – call Catalyst Life Services at 419-756-1717.

**May 16<sup>th</sup> at 10:33am:** In honor of Mental Health Awareness Month and the month of Dani's birthday, we are holding the 6<sup>th</sup> Annual 33 Forever Mental Health Birthday Walk in downtown Mansfield. The walk starts at 11:33am and registration starts at 10:33am. Register or find out more about the event at: [www.33forever.life](http://www.33forever.life)

**May 20<sup>th</sup> at 3:00pm:** Substance Abuse Treatment Court Graduation will be held at the County Building in Judge Naumoff's courtroom located at 50 Park Ave. West in Mansfield. Refreshments will be provided after ceremony.

**May 29<sup>th</sup> - 12:00pm to 2:00pm:** Join Family Life Counseling and Psychiatric Services for their Food, Fun, and Family Life Event at 151 Marion Avenue in Mansfield. This free community event celebrates and supports families through mental health services and support and will feature food, fun activities, and opportunities to connect. Open to all families. For more information – call Herb Ross at 419-774-9969.

**May 29<sup>th</sup> - 5:00pm to 9:30pm:** Mansfield UMADAOP, in partnership with Mansfield City Schools and other local partners, presents the annual Peace on My Block event at Arlin Field in Mansfield. The event will kick off with an F-16 flyover and a special appearance by the U.S. Army Golden Knights Parachute Team performing a precision jump and landing on Arlin Field and will end with a special fireworks show. Featuring games, activities, food trucks, and fun for all ages. This family-friendly event is open to all and designed to celebrate community, pride, and togetherness. For more information - call Mansfield UMADAOP at 419-525-3525.

**May 30<sup>th</sup> - 8:00am to 12:30pm:** Join NAMI Richland County in our annual NAMI-Walks event at Marshall Park Ontario. The event will feature a 1-mile fun walk and 5K Race with the goal of raising awareness about mental health and local resources available in the community. There will be food trucks, a DJ, balloon animals, face painting, yard games, family fun, and more! To register - visit: [www.namiwalks.org](http://www.namiwalks.org) or call NAMI Richland Co. at 419-522-6264.

**May 30<sup>th</sup> - 12:00pm to 4:00pm:** Join Healing Hearts Foundation of Ohio, in collaboration with Mansfield UMADAOP, for its 6th Annual Party in the Park at South Park located at 100 Brinkerhoff Ave. This is a free Mental Health Month celebration featuring food, games, bingo, and Mansfield's largest line dance suitable for all ages. The event is open to the community and parking will be available on Brinkerhoff and Park Avenue West.

# Richland County Mental Health & Recovery Services Board



## MAY 2026 Mental Health Month ~ Special Events & Services Highlighted in Recognition of Mental Health Month



**June 1<sup>st</sup> and 2<sup>nd</sup> (2-Day Conference):** Join Ohio's 2026 Mental Health and Addiction Conference, hosted by the Ohio Association of County Behavioral Health Authorities (OACBHA) at the Hyatt Regency in downtown Columbus. This year's conference aims to address the full continuum of mental health and addiction issues. The event will feature discussions on innovative strategies and best practices in prevention, education, intervention, treatment, recovery, family support, and community engagement. Attendees can expect a comprehensive agenda that includes workshops, keynote sessions, and networking opportunities. To register or for more event info - visit: [www.oacbha.org](http://www.oacbha.org).

**May 1<sup>st</sup> to May 31<sup>st</sup>:** CACY Ohio will be distributing FREE Detera medication deactivation pouches to properly dispose of unwanted/expired prescription and over-the-counter medications. Detera pouches are made from environmentally friendly materials which allows the pouch to biodegrade without hurting the environment. For packets or more information, please contact Tracee by calling 419-774-5683.

**May 1<sup>st</sup> to May 31<sup>st</sup>:** CACY Ohio presents "Can the Trash Talk" a lunchtime activity for local 3rd-12th graders. This program engages students in a mental health awareness lunchtime activity where they "trash" negative thoughts by changing phrases to positive statements including healthy physical movement. The programs goal is to create healthy thoughts and actions to improve thinking and attitude.

**May 1<sup>st</sup> to May 31<sup>st</sup>:** The Behavioral Health Urgent Care at Catalyst Life Services offers access to services without an appointment. Provides initial assessments or brief and solution-focused counseling for Mental Health and Addiction related concerns. Urgent Care located at 741 Scholl Road in Mansfield. Open Monday & Friday from 8:00am - 4:00pm then Tuesday, Wednesday, & Thursday from 8:00am - 5:00pm (*urgent care hours may change*). For more information – call Catalyst Life Services at 419-756-1717.

**May 1<sup>st</sup> to May 31<sup>st</sup>:** Catalyst Life Services will have the local Crisis Helpline available 24 hours a day, 7 days a week. If you or someone you know is dealing with a mental health or substance-use crisis, please reach out for help by calling 419-522-HELP (4357).

**May 1<sup>st</sup> to May 31<sup>st</sup>:** The Warmline will be available 24 hours a day, 7 days a week for those not in crisis but have questions or concerns regarding mental health. The Warmline can be reached by calling 419-522-5300.

**May 1<sup>st</sup> to May 31<sup>st</sup>:** The Richland County Mental Health Board will be supporting the Text4Hope - Crisis Text Line, for those who prefer to communicate mental health and addiction recovery assistance via text. Available 24 hours a day, 7 days a week. You can access this FREE service by texting a message to #741-741.

**May 1<sup>st</sup> to May 31<sup>st</sup>:** Mobile Response and Stabilization Services (MRSS) is a free, community-based program for Richland County residents under age 21 who are experiencing a mental health or behavioral health crisis. MRSS provides rapid, in-person support by sending trained crisis responders to the crisis location to help de-escalate the situation, develop a safety plan, and connect families to ongoing support and services. For more information - call 330-500-6777 or dial 988 and ask for MRSS.

**Domestic Violence Shelter, Inc.**  
Call 800-931-7233 or visit  
[www.thedvshelter.com](http://www.thedvshelter.com)

**Veteran's Crisis Line**  
Call 800-273-8255 & Press #1  
or send Text to #838-255

Produced and Distributed by the  
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[www.richlandrecoverynetwork.com](http://www.richlandrecoverynetwork.com)

**FIRST CALL 211**  
**(419)522-4636**

*Information when you need it.*

*Scan the QR Code below to connect to  
the Richland Recovery Network*



*Explore and get matched with a  
participating local provider that offers  
the services that you or your loved  
ones need in just a few clicks!*

**Human Trafficking Hotline**  
Call 888-373-7888 or  
send Text to #233733

**Trevor Project LGBTQ Hotline**  
Call 866-488-7386 or  
Text "START" to #678-678

**Richland Recovery Network**  
**Partner Agencies**

