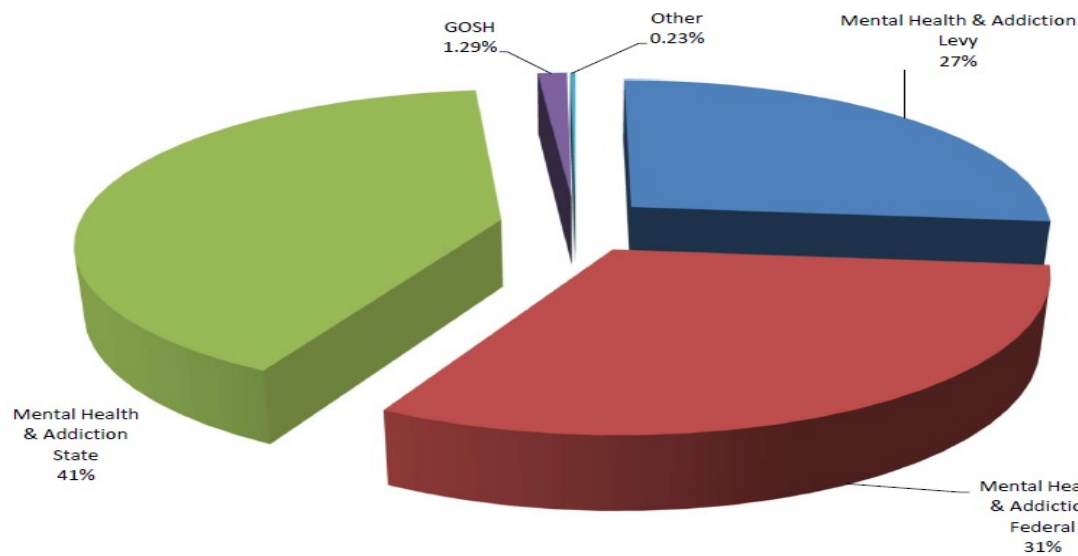


State Fiscal Year 2023 Revenue \$8,400,125



FY2023 Board Revenue & Expenses

Information for this section provided by: Carey Vogt; Associate Director/ CFO, Richland County Mental Health & Recovery Services Board

Richland County Mental Health & Recovery Services Board
FY2023 Annual Report



Understanding the Role of the Mental Health and Recovery Services Board

Ohio's Alcohol, Drug Addiction, and Mental Health Boards are empowered by Ohio Revised Code to plan, develop, fund, administer, and evaluate a local system of mental health and addiction services. Per ORC 340.032, the Richland County Mental Health and Recovery Services Board is charged with ensuring the community-based continuum of care (which includes prevention, intervention, crisis, treatment, and recovery services and supports for both mental illness and addiction), is available and accessible for all citizens of our Board area. The Board does not deliver direct services, but contracts with our network of providers to deliver services across the continuum. Each provider may not deliver every service, so it is the responsibility of the Board to ensure a complete continuum of care is available for the community.

The Board works collaboratively with many community partners to ensure Richland County residents have access to services while confirming accountability and effectiveness of client care. The Board ensures the county's Behavioral Health system identifies community needs, responds to crisis situations, has the services needed to help individuals recover from mental health and addiction, and supports individuals in maintaining their recovery.

A Board of Directors, whose service is given on a volunteer basis, governs the Mental Health and Recovery Services Board. The Board members are appointed by the Richland County Commissioners and the Ohio Mental Health and Addiction Services. The Board utilizes a mix of federal, state, and local funds to provide community members with access to care. Through partnerships, grants, and other collaborations, the Board is able to utilize these blended funds to support the area's community-based programs and services.

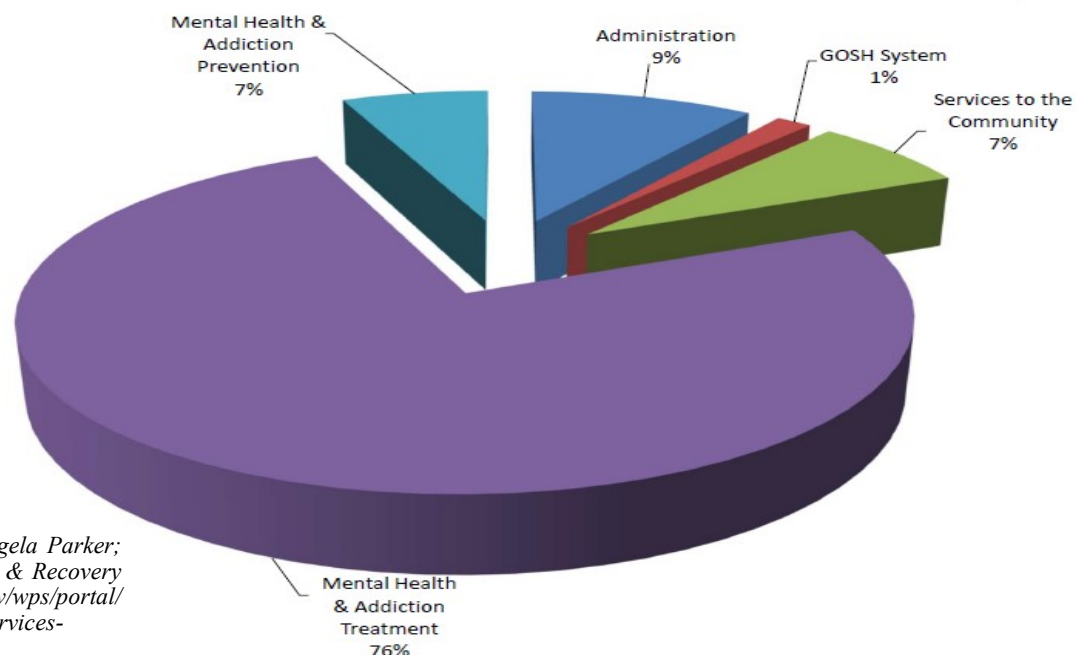
The Board encourages input and involvement from the public as it develops, promotes, and sustains the community system. It is the fiduciary responsibility of the Board to ensure that taxpayer funds are spent in a transparent, effective, efficient, and quality manner when purchasing services and supports needed by residents of the Richland County community.

The Board of Directors, its staff, and community partners are committed to our recovery-oriented system. Recovery is about living a life that allows individuals to be more productive, active, and contributing members of the community, as their abilities allow. Recovery occurs via many pathways. Individuals are unique with distinct needs, strengths, goals, cultures, and backgrounds that affect and determine their own pathway to recovery. Recovery is built on the multiple capacities, strengths, talents, coping abilities, resources, and on the inherent value of each individual. Recovery encompasses an individual's whole existence, to include mind, body, spirit, and community. Recovery is not simply about personal health, but also about the health and well-being of the entire community, and as such, we need the support of the entire community in our daily efforts to fight stigma and barriers to recovery. We ask that you continue to support your friends and neighbors in their time of need.

Ongoing support, including peer support, housing, transportation, and employment supports are vital to our efforts. In Richland County we place emphasis on people and meeting their needs. We continue to work to change the conversation so there is a deeper understanding that mental illness and addiction are chronic illnesses, that treatment works, and all people have the potential to recover. When recovery is celebrated, the stigma behind having behavioral health challenges changes, help becomes more accessible, and most importantly, hope thrives.

Written by Sherry Branham-Fonner; Executive Director, Richland County Mental Health & Recovery Services Board

State Fiscal Year 2023 Expenditures \$7,562,574



FY2023 Board Area Statistics

Information for this section provided by: Angela Parker; IT Director, Richland County Mental Health & Recovery Services Board & from: <https://data.ohio.gov/wps/portal/gov/data/view/mental-health-and-addiction-services-claims-dashboard>

FY2023 BOARD AREA STATISTICS BY AGE GROUP		
Age Group	Count	Pop. %
0-17	1,691	29.1%
18-24	646	11.1%
25-34	1,112	19.1%
35-44	1,079	18.6%
45-54	662	11.4%
55-64	551	9.5%
65+	309	5.3%

FY2023 BOARD AREA STATISTICS BY DIAGNOSIS		
Diagnosis Type	Count	Pop. %
Mental Health	4,467	76.9%
Substance Use Disorder	1,650	28.4%
Unknown/Other	390	6.7%

FY2023 BOARD AREA STATISTICS BY GENDER		
Gender	Count	Pop. %
Female	2,834	48.8%
Male	2,619	45.1%
Unspecified	359	6.2%

FY2023 TOTAL UNIQUE CLIENTS SERVED
5,812

Produced & Distributed by:
The Mental Health & Recovery Services Board of Richland County, Ohio
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www.richlandmentalhealth.com / www.richlandmentalhealth.com/know-it-b4-u-need-it



- This publication will cover the following topics:
- ⇒ Board's Mission Statement
 - ⇒ Board's Vision Statement
 - ⇒ Community Involvement & Highlights
 - ⇒ An Evening with Kevin Hines Event
 - ⇒ Board's Strategic Plan Goals
 - ⇒ Finding the Right Support For You
 - ⇒ Board's FY23 Revenue & Expenses
 - ⇒ Board Area Statistics

Mission Statement

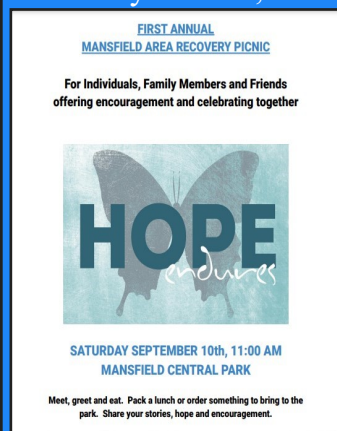
The mission of the Richland County Mental Health and Recovery Services Board is to facilitate and maintain collaborative, trauma-informed, resiliency and recovery oriented services for individuals seeking treatment for mental health or substance use issues, their families, and the community. The Board shall provide planning, funding, and evaluation of the development of high-quality, cost-effective, and comprehensive services. These services will adapt to the changing needs of the community and those seeking services, fulfill the mandates of Ohio Revised Code and promote a person's voice and choice, while advocating for the continued development of person-centered mental health and addiction services with a focus on growing and preserving a legacy of hope and success within our community.

Vision Statement

Richland County Mental Health and Recovery Services Board supports the mission in which those who seek mental health and substance use services, and their families, are provided with access to trauma-informed, resiliency and recovery oriented care across their lifespan and are treated as equal members of our community. We envision our community as one in which we listen to those who seek treatment, and their families, and accept their voices as both needed and important to achieve a community system of care which is free from prejudice, discrimination, and intolerance.

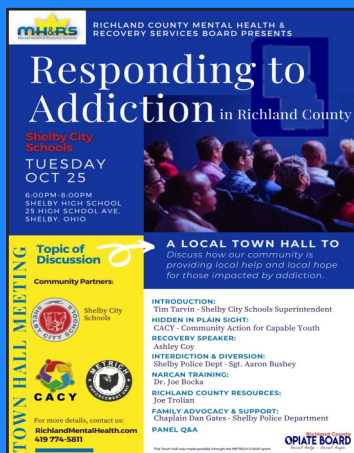
FY2023 Community Involvement and Collaboration Highlights

September 2022 was proclaimed as "Recovery Month" by the Richland County Commissioners. During Recovery Month, the Board sponsored the First Annual Mansfield Recovery Picnic, which was held on September 10th, in Mansfield's downtown central park area. The event centered on individuals in recovery, as well as family members and friends, and offered encouragement and support while celebrating recovery together. The event featured local music and recovery stories. Advocates from multiple local providers attended the event and all the attendees enjoyed celebrating and healing together.



The Richland County Suicide Prevention Coalition in partnership with the Board, Catalyst Life Services, and Area Agency on Aging sponsored a free training on Understanding Grief, Loss, and Trauma on September 15th. Understanding Grief, Loss, and Trauma Training equips individuals with the knowledge and skills to compassionately support those navigating the complex emotions and challenges associated with significant life changes.

A series of Town Hall Meetings, called "Responding to Addiction", were held during FY2023. These events were sponsored by the Board in collaboration with METRICH and the Richland County Opiate Review Board, and were held at local high schools throughout Richland County. The presentations featured resources from CACY and METRICH, a recovery story from a person with lived experience, a Narcan training, information on service availability, and how to find help for families and advocates of those with addiction. The goal of the event was to inform the community of the local help and hope that exists for those impacted by addiction.

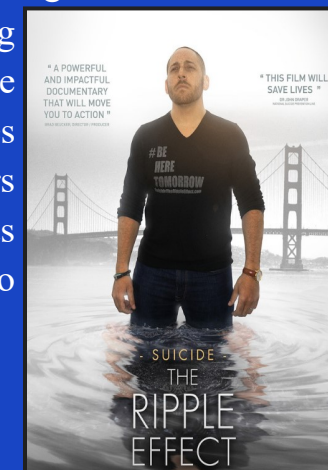


May 2023 was proclaimed as Mental Health Month by the Richland County Commissioners. Mental health encompasses all aspects of human emotional, psychological, and social well-being. May is Mental Health Month, was a time dedicated to raising awareness about mental health issues, promoting well-being, and encouraging open conversations to reduce stigma, promote understanding, and support those in need.

Written by Anastasia Groff; Executive Administrative Assistant & Records Custodian, Richland County Mental Health & Recovery Services

An Evening with Kevin Hines

In celebration of National Recovery Month and in partnership with 33Forever, the Renaissance Theater, and NAMI Richland County, the Board presented, "An Evening with Kevin Hines", a free event that focused on suicide prevention and mental health. The event was held at the Renaissance Theater in Mansfield on September 24th after the Board's Annual Meeting. Kevin Hines survived a suicide attempt at the age of 19 after jumping from the Golden Gate Bridge. Kevin now travels the world as a mental health activist and speaker spreading the word of hope, education, recovery, and overall wellness. Kevin is also the best selling author and award-winning filmmaker. He created and produced the documentary, "Suicide: The Ripple Effect" based on his story. Kevin Hines was joined on stage by a panel of local advocates and community members with lived experience. The panel answered questions and heard comments from the audience at the end of the event. A special thank you to all who helped make this unique event such a success!



Strategic Plan 2023-2028

Goal #1: Address the Internal Board Development

Prepare the Board for significant upcoming changes to the table of organization based on pending retirements, changes to Ohio Revised Code 340 which will in turn result in a need to modernize policies and procedure as well as changes to the Board bylaws.

Goal #2: Obtain and Maintain an Efficient and Effective Level of Quality Housing

As the housing system that has been developed continues to age and the need for various forms of housing continues to grow within the community, we need to evaluate the effectiveness of the current housing stock and assure that we are meeting the communities need.

Goal #3: Develop and/or Maintain Services that Address the Community Concerns and provide Equitable and High-Quality Services to Residents in Need

Review the current milieu of services to assure that services are being delivered equitably, accessibly, and are resulting in quality outcomes. Special attention should be paid to underserved subpopulations.

Goal #4: Maintain and Enhance Community Interaction and Collaborative Efforts

Continue to address ways to increase community awareness of service availability and how to access it. Rely on partnerships already established to assure community entities are working together to make the best use of the public dollar.

Not in Crisis But Just Want to Talk/Chat - Find the Right Support For You

Text "4hope" to #741741 (Free, Confidential, 24/7 support) • First Call #211 (Information Line) Warmline: 419-522-5300 (Peer Support) • Domestic Violence Shelter: Call #800-931-7233 Veteran's Crisis Line: Call #800-273-8255 or Text #838255 Human Trafficking Hotline: Call #888-373-7888 or Text #233733 Trevor Project/LGBTQ+ Hotline: Call #866-488-7386 or Text START to #678678

