Richland County Mental Health and Recovery Services Board Help with Mental Illness and Addiction

www.KnowItB4UNeedIt.com

In an EMERGENCY, please call HELPLINE: 419-522-4357 (H.E.L.P.)

419-756-1717 Catalyst Life Services

Offering mental health assistance for all ages & comprehensive adult outpatient, residential & withdrawal management substance use programs, vocational rehab, audiology, deaf & hard-of-hearing, crisis intervention including a 24-hour helpline (419-522-HELP) & stabilization unit, 24-hour warmline (419-522-5300) peer support services/OASIS Club consumer drop-in center (419-522-6443). Clients may be referred or self-admit; financial assistance is available. Urgent care available for assessments & brief counseling.

Richland Locations: 741 Scholl Road 270 Sterkel Blvd 142 North Gamble Street, Suite G

Mansfield, Ohio 44907 Mansfield, Ohio 44907 Shelby, Ohio 44875

Community Action for Capable Youth (CACY)

419-774-5683 Providing effective parenting support and on-site tobacco, alcohol, problem gambling, violence, drug, and suicide prevention information and

coordination services for pre-school through senior years. Individual and group tobacco/nicotine reduction help available by appointment. Topic based prevention training and biodegradable medication disposal pouches available.

Richland Location: 1495 West Longview-Suite 104, Mansfield, Ohio 44906

Family Life Counseling and Psychiatric Services

419-774-9969

Offering comprehensive mental health and addiction outpatient services for adults and youth, including assessments, counseling, case management and peer recovery support services. Also offering Mobile Response & Stabilization Services (419-564-7305) and Comprehensive Adolescent Behavioral Health Services. Tele-psychiatry services are available for Medicaid and Self-pay clients. Clients may be referred or self-admit – we accept most payer sources and offer financial assistance as able or available.

Richland Locations: 151 Marion Avenue 222 Marion Avenue 240 Marion Avenue 169 Mansfield Avenue Mansfield, Ohio 44903 Mansfield, Ohio 44903 Mansfield, Ohio 44903 Shelby, Ohio 44875

National Alliance on Mental Illness (NAMI)

Offering support groups, education and advocacy for individuals, families, and care givers of those living with mental health issues. All NAMI classes and support groups are free to the public, so you never have to feel alone in your journey to recovery! Please call! Find us on Facebook at NAMI Richland County or website at www.namirc.org.

Richland Location: 680 Park Avenue West, Suite 100., Mansfield, Ohio 44906

Mansfield UMADAOP

419-525-3525

Outpatient Services specializing in Medication Assisted Treatment; Mental Health specializing in Adolescent Care and AOD/Mental Health Dual Diagnoses; AOD Prevention Services; Circle For Recovery of Ohio – Ex-Offender Program; Help Me Grow for New Mothers; we accept all payer sources including some private insurance. Our clients can self-admit, be court ordered, or referred by other agencies.

400 Bowman Street 39 Wood Street 215 North Trimble Road Richland 74 Wood Street

Mansfield, Ohio 44906 Location: Mansfield, Ohio 44903 Mansfield, Ohio 44903 Mansfield, Ohio 44903

Third Street Family Health Services

419-525-6720

Network of non-profit community health centers. Provider of comprehensive healthcare and connection to social services support. Behavioral health options for adults and children, aged 6 and up, include mental health assessments, medication management, counseling, and Medication Assisted Treatment for substance use disorders. Accredited Patient-Centered Medical Home. We accept all payer sources and offer a sliding fee discount. Find us on Facebook at Third Street Family Health Services or visit our website at http://thirdstreetfamily.org/.

600 West 3rd Street 31 East Main Street 270 Sterkel Blvd. Suite A Richland 200 Park Avenue West Locations: Mansfield, Ohio 44906 Shelby, Ohio 44875 Mansfield, Ohio 44907 Mansfield, Ohio 44902

Healing Hearts Counseling Center

419-528-5993 855-4Hope4U (446-7348) or

Drug & alcohol groups and individuals with medication assisted treatment and mental health counseling with supportive medication. Therapy upon request: Spiritual, EMDR, sex addiction and Body-Focused Trauma. Gender-specific & perinatal groups offered. Wellness services include Physical fitness facility, Cognitive Fitness (brain health) and a mobile wellness unit. Weekend/evening hours and telehealth services provided. Medicaid and most insurances accepted.

Richland Locations: 680 Park Avenue West, Mansfield, Ohio 44906

CATALYST LIFE SERVICES: BEHAVIORAL HEALTH URGENT CARE

741 Scholl Road, Mansfield

Monday, and Friday 8:00am to 4:00pm Tuesday, Wednesday & Thursday 7:30am to 7:30pm Diagnostic Assessments and Individual Counseling services available

Richland County Community Alternative Center

419-774-3576

An OhioMHAS certified drug and alcohol treatment program that provides concurrent intensive counseling services within safe and secure housing for adult men and women. Most clients are court referred/ordered; but private pay individuals are accepted. We accept Medicaid and self-pay. No insurance

Richland Location:

597 Park Avenue East, Mansfield, Ohio 44905

Hope419

419-951-2020

Outpatient counseling for individuals, couples and families. Medication management for ages 9 and up. Most services can be completed in the office or virtually. Additionally, we provide ADHD testing, DBT educational groups, and specialized services for treatment resistant depression, including: Nasal Esketamine and Transcranial Magnetic Stimulation. We accept private insurance, all medicaid, except paramount. Our application can be found on our website, www.hope419.com

Richland Location:

2267 Village Mall Drive, Suite-2, Ontario, Ohio 44906

Encompass Counseling

419-289-0970

Providing outpatient and home-based counseling and case management for adults, children, and families especially focusing on trauma therapy and medication management for children and adults via telehealth.

Richland 636 Lexington-Springmill

Crossroads City Center

Crossroads Church

Locations: Ontario, Ohio 44906 29 North Main Street, Mansfield, OH 44902 1188 Park Ave. W, Mansfield, OH 44906 **BrightView Mansfield Addiction Treatment Center**

567-247-6343 833-510-4357

BrightView offers patients a chance to recover in a place where they are welcomed, encouraged, and respected. With tailored addiction treatment programs for each individual patient, we treat the disease of addiction at the same time we treat the person suffering from it. We believe anyone can achieve the goal of life-long recovery with the help of our outpatient addiction treatment programs.

Richland Location:

580 Park Avenue West, Mansfield, Ohio 44906

Mansfield Comprehensive Treatment Center

844-909-4608

We offer a whole-person approach to opioid addiction treatment by combining medication such as methadone, with group and individual therapies. Our methadone clinic offers more than one medication to help our patients stop using opioids. Depending on specific needs and how they respond to certain medications, they may receive methadone, buprenorphine or Suboxone.

Richland Location:

475 Lexington Avenue, Mansfield, Ohio 44907

33 Forever, Inc.

419-564-5754

Offering mental health awareness and suicide prevention non-crisis support and resources for individuals and their families struggling or seeking help and provider options. Find us at www.33forever.life or @33foreverinc on Facebook and Instagram.

Richland location:

1 Marion Avenue, Suite 215, Mansfield, Ohio 44903

Starfish Project of Richland County

Stan Rust: 419-512-6878 or Valarie Rust: 419-512-6877

Addiction Recovery Advocates helping those struggling with substance use disorder find detox and treatment. We provide scholarships for faith-based programs. We run a meeting for those in recovery "Walking the 12 steps with Jesus" on Thursdays at 1:30 pm at Mosaic church (296 Park Ave West). On Monday nights at 6:30 at Mosaic we offer "When Two or More" group for friends and family of those in substance use-disorder. We distribute Narcan free of charge. See us on Facebook.

Project One-ARC Empowerment Center

567-241-6781

Faith based Family and recovery advocates. Empowerment service every Thursday at 6:00pm 378 Park Avenue West, Mansfield, OH. We have a 24/7 advocate line 567-241-6781 that helps with treatment options and support from those that have personal experience with overcoming addiction or family members that are struggling emotionally. 12-Step Life Recovery every Monday at 6:30pm

Find us on Facebook @ https://www.facebook.com/ProjectOneRecoveryRoad/

Family Life Counseling: Mobile Response and Stabilization Services for Youth and Families in Richland County Call 419-564-7305

Just need to talk, but you are not in crisis. Call the Warmline at 419-522-5300

Human Trafficking Hotline

Text "4hope" to #741741

Veteran's Crisis Line

FIRST CALL 211(419)522-4636

For Free Confidential, 24/7 Support

800-273-8255 or TEXT: #838255 Information when you need it.

Domestic Violence Shelter, Inc. 800-931-7233

888-373-7888

Trevor Project LGBTQ Hotline 866-488-7386

Text 233733 www.thedvshelter.com

Text "START" to 678-678