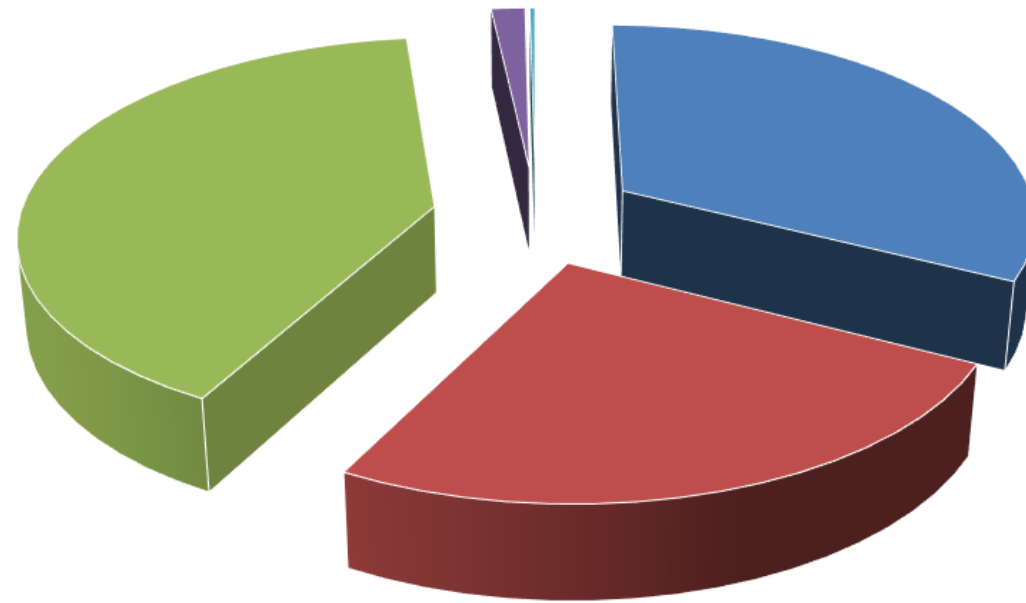


Upholding  
the rights of  
those we serve.

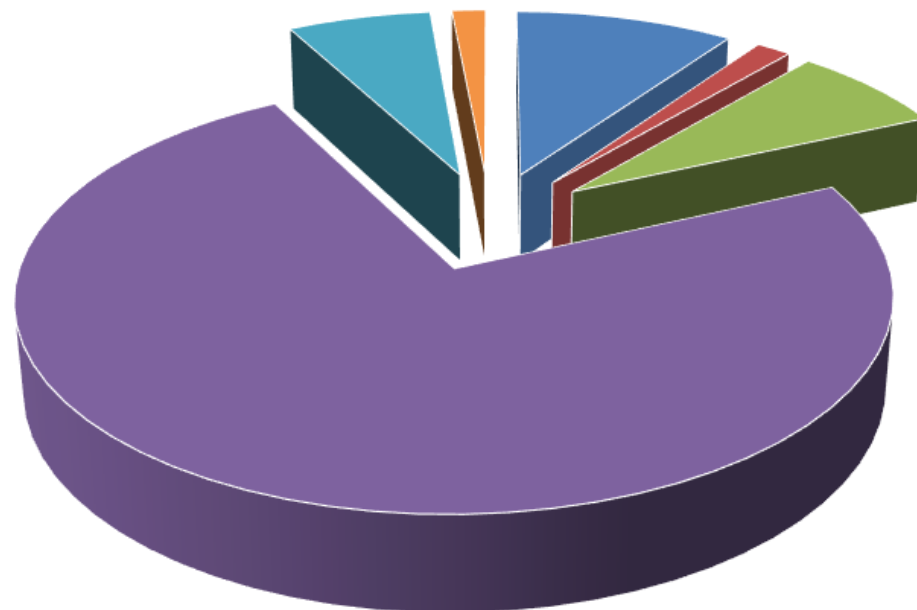


Fiscal Year 2022 Revenue \$7,775,980



• Mental Health & Recovery Levy • Mental Health & Addiction Federal • Mental Health & Addiction State • GOSH • Other

Fiscal Year 2022 Expenditures \$7,768,521



• Administration • GOSH System • Services to the Community  
• Mental Health & Addiction Treatment • Mental Health & Addiction Prevention • Transfer to Housing Fund

**FY22 RICHLAND COUNTY MENTAL HEALTH & SUBSTANCE ABUSE STATISTICS**

Age	Mental Health	Drug/Alcohol
0-17	2469	236
18-64	3183	2010
65+	108	10

# FY 2022 Annual Report



## A Message from Executive Director Joe Trolan:



As the world continued to return to some semblance of normal following lockdowns and restrictions, we worked hard to stand up a few new programs in State Fiscal Year 2022. In August, Catalyst Life Services opened the door on a Behavioral Health Urgent Care. This was a program that would allow immediate access to diagnostic assessments and brief solution focused counseling without the need to make an appointment in advance. The Urgent Care hours were Monday through Friday and by the end of State Fiscal Year 2022 had served 800 individuals, seeing nearly 70 people per month.

In September of 2021, Richland County began experiencing a significant increase in the number of completed suicides. These were not clustered or sharing a lot of similar demographics, so the Suicide Prevention Coalition started looking into large community impact approaches. A strong relationship with Midstate Multimedia and IHeart Radio was developed with Radio, T.V. and social media spots promoting the Urgent Care and the Crisis Hotline encouraging the community to look out for one another. The idea was to establish taglines and commercial spots that could recycle year after year to provide a consistent message of help and hope.

Mansfield also saw a significant increase in the number of unhoused adults that needed assistance. Our County Commissioners formed a committee that included Job and Family Services, Mental Health and Recovery Services, Mansfield Police Department, Mansfield City, Catholic Charities, Harmony House, and the Downtown Business Association. From this collaboration, the Homeless Response Team was formed. The purpose of the team was to interact with people of concern and see what they need. Then the team, made up of a behavioral health clinician and a law enforcement officer, would assist the individual in accessing the help they were looking for and/or needed. In the first 2 months of the program (May through June 2022), the team made contact with 177 individuals, 61 individuals were connected with help and 23 received behavioral health supports. This program has been built into the State Opiate and Stimulant Response Grant 3.0 and will continue through at least SFY 2025.

In looking to the future, The Richland County Mental Health and Recovery Services Board adopted a 5-year Strategic Plan that will guide the Board and the Behavioral Health System through SFY 2028. This Strategic Plan provides a blueprint for programs and capital expansion that will continue to build a steady foundation and increase accessibility to essential services for years to come. You will be able to follow progress through our website and a statement of progress will be updated every 6 months.

As we look toward State Fiscal Year 2023, we plan to ride some of the momentum that we generated in 2022 to continue to address the behavioral health needs of Richland County.

**IN THIS ISSUE >>>**

- Mission Statement and Collaboration and its Role in the Community
- Strategic Plan
- Finances and Statistics



87 East First Street  
Mansfield Ohio

419-774-5811  
www.richlandmentalhealth.com





## Collaboration and its Role in Community Education

The Know It Before You Need It Campaign built steam as it continued throughout the year with the intent of informing the public about Behavioral Health Services available in Richland County. Out of this developed a year long campaign that is designed to inspire a message of hope and help.

In September of 2021, the Board collaborated with community partners through many events. There was a different swing on this annual celebration as many events were virtual due to the Pandemic. The annual International Overdose Awareness Day was held at Lexington Community Park with testimonies and a candlelight vigil. The Board did promotional spots on Mix 106.1, WMAN, WNCO and WYHT. Trolian was guest speaker with Richland County Development Group through a virtual group meeting. Proclamations were awarded by the County Commissioners, the City of Shelby and the City of Mansfield. NAMI hosted Family to Family, Family Support Group and NAMI on Campus. 33 Forever held it's Annual Golf Outing. Churches partnered with the Board regarding educational opportunities.

In May of 2022, the Board and our community partners celebrated National Mental Health Month with events including Town Halls, a play titled 'The Family Matters', National Prescription Take Back, 33 Forever Mental Health Birthday Walk, Store it Safe, Recovery Support Group meetings, Ethics Training, Family Support Group meetings, Party in the Park and Bike-A-Palooza Family Festival. The Board was also given proclamations by the County Commissioners, the City of Shelby, the Village of Plymouth and the City of Mansfield proclaiming May as Mental Health Month in the respective areas.

During FY22, Trolian had several speaking engagements including "Coffee Talk", "Sparkling the Conversation", "Focus on North Central Ohio" and numerous trainings for agencies and organizations throughout Richland County.

The Board appreciates the efforts of all our community partners. Through collaboration and advocacy we are providing much needed education to our community while reducing stigma associated with behavioral health.



## Mission Statement

The mission of the Richland County Mental Health and Recovery Services Board is to facilitate and maintain collaborative, trauma-informed, resiliency and recovery oriented services for individuals seeking treatment for mental health or substance use issues, their families, and the community. The Board shall provide planning, funding, and evaluation of the development of high-quality, cost-effective, and comprehensive services. These services will adapt to the changing needs of the community and those seeking services, fulfill the mandates of Ohio Revised Code and promote a person's voice and choice, while advocating for the continued development of person-centered mental health and addiction services with a focus on growing and preserving a legacy of hope and success within our community.

## Mental Health and Recovery Services Board

### Strategic Plan Goals

- 1. Address Internal Board Development**
  - Review and update Policies and Procedures for modernization, trauma informed language, and cultural and linguistic equitability.
  - Review the Board Bylaws for modernization, trauma informed language, and cultural and linguistic equitability.
  - Review and update Table of Organization to address pending retirements and address succession planning to ensure that there are no gaps in services.
  - Prepare for changes in Ohio Revised Code 340 due to legislative modernization and the impact this may have on Board operations, contracting, Board duties and data access.
- 2. Obtain and Maintain an Efficient and Effective Level of Quality Housing**
  - Develop Youth Crisis Stabilization Unit.
  - Develop 12 Unit Permanent Supportive Housing for Adults on land owned by the Board on 1<sup>st</sup> Street.
  - Transition Current 1<sup>st</sup> Street Apartments to Adult Transitional Housing.
  - Continue to work with State Crisis Committee, Office of Medicaid, Ohio Department of Mental Health and Addiction Services and Legislators to develop a billable rate for Acute Mental Health Crisis Stays and Transitional Mental Health Stays.
  - Review, and adjust with the intent of phasing out Room and Board and eliminate a barrier that prevents overnight services from being regionally accessed.
- 3. Develop and/or Maintain Services that Address the Community Concerns and Provide Equitable and High-Quality Services to Residents in Need**
  - Address the growing concerns of under or unserved homeless in Richland County. Work with this community to determine what the individuals feel they need and develop programs to address those needs.
  - Monitor the State's transition to 988 as the primary access to a Suicide Hotline. As the 988 program becomes more secure and better equipped to manage the Richland County Community volume, work with the applicable agencies to transition 522-HELP to avoid duplicative services.
  - As the State has put greater emphasis on community crisis response, develop a mobile crisis approach that can allow for crisis interventions to be provided in the community and reduce the pressure on hospital emergency departments.
  - Develop a Day Treatment program for junior high and high school students. Work with agencies and local school systems to determine the level of need and implement the program with these partners.
  - Continue the use of Trauma Informed, Resilience and Recovery-Oriented Community of Care to evaluate all programs for their ability to address and treat trauma and remain resiliency and recovery focused in a way that supports cultural and linguistic equity.
  - As the Board can access greater amounts of specific data, develop an outcome system that can assist in moving the behavioral health system funded by the Board to a greater emphasis on performance-based funding.
- 4. Maintain and Enhance Community Interaction and Collaborative Efforts**
  - Continue the effort of aligning all public entities into a cooperative funding initiative. Review what each department or organization is funding, look for duplication and adjust that duplicative funding into unmet needs.
  - Organize and rollout in cooperation with METRICH and the Opiate Review Board, seven Town Hall meetings throughout Richland County and then record a 4-part virtual Town Hall that can be streamed as needed.
  - Continue to build relationships between Schools and Behavioral Health agencies.
  - Run a levy campaign to continue the local level of funding.
  - Establish a Media plan that will continue for extended periods of time to take advantage of repeated messages as well as promotions of new programs.

**The Board has a strong Continuum of Care and our Strategic Plan continues to expand services for those Richland County residents that have specific behavioral health needs.**