

Richland County Mental Health and Recovery Services Board

Help with Mental Illness and Addiction

www.KnowItB4UNeedIt.com

In an EMERGENCY, please call HELPLINE: 419-522-4357 (H.E.L.P.)

Catalyst Life Services

419-756-1717

Offering mental health assistance for all ages & comprehensive adult outpatient, residential & withdrawal management substance use programs, vocational rehab, audiology, deaf & hard-of-hearing, crisis intervention including a 24-hour helpline (419-522-HELP) & stabilization unit, 24-hour warmline (419-522-5300) peer support services/OASIS Club consumer drop-in center. Clients may be referred or self-admit; financial assistance is available. Urgent care available for assessments & brief counseling.

Richland Locations: **741 Scholl Road** **270 Sterkel Blvd** **31 East Main Street**
 Mansfield, Ohio 44907 **Mansfield, Ohio 44907** **Shelby, Ohio 44875**

Community Action for Capable Youth (CACY)

419-774-5683

Providing effective parenting support and on-site tobacco, alcohol, problem gambling, violence, drug, and suicide prevention information and coordination services for pre-school through senior years. Individual and group tobacco/nicotine reduction help available by appointment. Topic based prevention training and biodegradable medication disposal pouches available.

Richland Location: **1495 West Longview-Suite 104, Mansfield, Ohio 44906**

Family Life Counseling and Psychiatric Services

419-774-9969

Offering comprehensive mental health and addiction outpatient services for adults and youth, including assessments, counseling, and case management and peer recovery support services. Clients may be referred or self-admit – we accept most payer sources and offer financial assistance.

Richland Locations: **151 Marion Avenue** **222 Marion Avenue** **169 Mansfield Avenue**
 Mansfield, Ohio 44903 **Mansfield, Ohio 44903** **Shelby, Ohio 44875**

National Alliance on Mental Illness (NAMI)

419-522-6264 (N.A.M.I.)

Offering support groups, education and advocacy for individuals, families, and care givers of those living with mental health issues. All NAMI classes and support groups are free to the public, so you never have to feel alone in your journey to recovery! Please call! Find us on Facebook at NAMI Richland County or website at www.namirc.org.

Richland Location: **420 Stewart Lane, Mansfield, Ohio 44907**

Mansfield UMADAOP

419-525-3525

Outpatient Services specializing in Medication Assisted Treatment; Mental Health specializing in Adolescent Care and AOD/Mental Health Dual Diagnoses; AOD Prevention Services; Circle For Recovery of Ohio – Ex-Offender Program; Help Me Grow for New Mothers; we accept all payer sources including some private insurance. Our clients can self-admit, be court ordered, or referred by other agencies.

Richland **400 Bowman Street** **39 Wood Street** **215 North Trimble Road** **74 Wood Street**
Location: **Mansfield, Ohio 44903** **Mansfield, Ohio 44903** **Mansfield, Ohio 44906** **Mansfield, Ohio 44903**

Third Street Family Health Services

419-525-6720

Provider of full service Behavioral Health options including Mental Health Assessments for children and Adults, Medication Management, Counseling and Medication Assisted Treatment. Accredited Patient Centered Medical Home. We accept all payer sources and offer sliding fee discount. Find us on Facebook at Third Street Family Health Services or visit our website: <http://thirdstreetfamily.org/>

Richland **600 West 3rd Street** **31 East Main Street** **270 Sterkel Blvd. Suite A** **200 Park Avenue West**
Locations: **Mansfield, Ohio 44906** **Shelby, Ohio 44875** **Mansfield, Ohio 44907** **Mansfield, Ohio 44902**

Healing Hearts Counseling Center

419-528-5993

Drug & alcohol groups and individuals with medication assisted treatment and mental health counseling with supportive medication. Therapy upon request: Spiritual, EMDR, sex addiction and Body-Focused Trauma. Gender-specific & perinatal groups offered. Wellness services include Physical fitness facility, Cognitive Fitness (brain health) and a mobile wellness unit. Weekend/evening hours and telehealth services provided. Medicaid and most insurances accepted.

Richland Locations: **680 Park Avenue West, Mansfield, Ohio 44906 or 860 Lexington Avenue, Mansfield, Ohio 44907**

CATALYST LIFE SERVICES: BEHAVIORAL HEALTH URGENT CARE

741 Scholl Road, Mansfield

Monday, Tuesday, Friday, and Saturday 8:00am to 4:00pm Wednesday & Thursday 7:30am to 7:30pm

NO APPOINTMENT NECESSARY:

Diagnostic Assessments and Individual Counseling services available

For more information call **419-774-5811**, email rcmh@rcmh.org or go to www.richlandmentalhealth.com Revised 1/01/22

Abraxas Ohio**419-747-3322**

Abraxas Ohio Residential and Outpatient Services: 419-747-3322. Residential facility provides mental health, substance use, and Juvenile Sex Offender treatment to adolescent boys. Outpatient services include substance use, mental health and in-home services for adolescents, adults, and families. Accredited by The Joint Commission. Medicaid, personal insurances and community or self-referrals are accepted.

Richland Locations: 2775 State Route 39, Shelby, Ohio 44875

Richland County Community Alternative Center**419-774-3576**

An OhioMHAS certified drug and alcohol treatment program that provides concurrent intensive counseling services within safe and secure housing for adult men and women. Most clients are court referred/ordered; but private pay individuals are accepted. We accept Medicaid and self-pay. No insurances accepted.

Richland Location: 597 Park Avenue East, Mansfield, Ohio 44905

Foundations for Living**419-589-5511**

Residential Treatment for adolescents ages of 11-18. Girls program serves both mental health, substance use diagnosis. Male program serves only those with both mental health and substance use disorders. Special populations include pregnant youth, survivors of Human Trafficking, and those with self-harming behaviors. Accredited by CARF, licensed by the Ohio Department of Mental Health and Addiction Services.

Richland Location: 1451 Lucas Road, Mansfield, Ohio 44903

Hope419**419-951-2020**

Outpatient counseling for any age, medication management for ages 13 and up, Transcranial Magnetic Stimulation. Accepting private insurance all Medicaid, except Paramount. Self-referral and other referral sources. www.hope419.com

Richland Location: 1221 South Trimble Road, Building C, Mansfield, Ohio 44907

Encompass Counseling**419-289-0970**

Providing outpatient and home-based counseling and case management for adults, children, and families especially focusing on trauma therapy and medication management for children and adults via telehealth.

Richland 1756 Park Ave West Crossroads City Center

Crossroads Church

Locations: Ontario, Ohio 44906 29 North Main Street, Mansfield, OH 44902 1188 Park Ave. West, Mansfield, OH 44906

33 Forever, Inc.**419-524-2700**

Offering mental health awareness and suicide prevention non-crisis support and resources for individuals and their families struggling or seeking help and provider options. Find us at www.33forever.life or @33foreverinc on Facebook and Instagram.

Richland location: 1 Marion Avenue, Suite 215, Mansfield, Ohio 44903

RU Recovery Ministries**419-347-4854**

A biblically based, Christ-centered recovery program, designed to rescue, recover, and restore those in addictive behaviors with the power of the hidden life found only in Jesus Christ. RU is an addiction recovery class that started in Rockford, Illinois, and offers residential help for addicted men and women that has now expanded into churches, prisons, and online resources across USA communities and around the world.

Starfish Project of Richland County**419-512-6877 or 419-512-6878**

We help those struggling with addictions find detox and treatment options as well as providing some scholarships for faith-based facilities. We run a support group for friends and family of the addicted on the first Monday of the month at 6:30 pm at Mosaic Church (296 PAW). We provide Narcan training and free kits to individuals and groups. We also help those returning to the community from treatment find healthy community connections.

Project One-ARC Empowerment Center**567-241-6781**

Faith based Family and recovery advocates. Empowerment service every Thursday at 6:00pm 378 Park Avenue West, Mansfield, OH. We have a 24/7 advocate line 567-241-6781 that helps with treatment options and support from those that have personal experience with overcoming addiction or family members that are struggling emotionally. 12-Step Life Recovery every Monday at 6:30pm

Find us on Facebook @ <https://www.facebook.com/ProjectOneRecoveryRoad/>

Just need to talk, but you are not in crisis. Call the Warmline at 419-522-5300

***Text "4hope" to #741741
For Free Confidential,
24/7 Support***

***Veteran's Crisis Line
800-273-8255
or TEXT: #838255***

***FIRST CALL 211(419)522-4636
Information when you need it.***

***Domestic Violence Hotline
800-799-SAFE(7233)***

***Human Trafficking Hotline
888-373-7888***

***Trevor Project LGBTQ Hotline
866-488-7386***

Text "START" to 88788

Text 233733

Text "START" to 678-678