



**Richland County Mental Health & Recovery Services Board**  
works collaboratively with the following organization to provide assistance, support and advocacy to behavioral health clients.

**CACY (Community Action for Capable Youth)** - Alcohol, tobacco, and drug prevention services, 419-774-5683, [www.cacyohio.org](http://www.cacyohio.org)

**Catalyst Life Services** - Mental health & drug and alcohol treatment services, 419-756-1717, [www.catalystlifeservices.org](http://www.catalystlifeservices.org)

**Foundations for Living** - Residential mental health & alcohol and drug treatment for youth, 419-589-7381, [www.foundationsforliving.net](http://www.foundationsforliving.net)

**Abraxas** - Residential alcohol and drug treatment and behavioral modification for delinquent and dependant adolescent males ages 12 to 18, 419-747-3322, [www.abraxasyfs.com](http://www.abraxasyfs.com)

**Family Life Counseling & Psychiatric Services** - Mental health & drug and alcohol treatment services, 419-774-9969, [www.flcps.com](http://www.flcps.com)

**NAMI (Richland County National Alliance on Mental Illness)** - Mental health support, education and advocacy for consumers and their families, 419-522-NAMI(6264), [www.NAMI.org](http://www.NAMI.org)

**UMADAOP** - Alcohol and drug addiction treatment and prevention and programming for individuals returning from incarceration or probation, 419-525-3525, [www.mansfieldumadaops.com](http://www.mansfieldumadaops.com)

**The Silver Lining Group** - Services to youth with autism spectrum disorders and behavioral problems, 419-747-4122, [www.behavioralinterventioncenters.com](http://www.behavioralinterventioncenters.com)

**Three C Counseling** - Drug and alcohol treatment services, 419-522-5015, [www.threecounseling.com](http://www.threecounseling.com)

**VNA (Visiting Nurse Association of Mid-Ohio)** - In home support and mental health treatment services, 419-522-4969, [www.vnaohio.org](http://www.vnaohio.org)



**FY13 ANNUAL REPORT**





### **RICHLAND COUNTY MENTAL HEALTH AND RECOVERY SERVICES BOARD MISSION STATEMENT**

The Mission of the Richland County Mental Health and Recovery Services Board is to secure sufficient funds to plan, establish and maintain unified services primarily for the mentally ill, drug or alcohol dependant individuals, their families and the general population. Toward these ends, the Board shall: encourage the development of high quality, cost effective, and comprehensive services; adapt to the changing needs, especially for severely mentally disabled children, adolescents and adults; fulfill the mandates of the Ohio Revised Code; and promote the integrity and individuality of consumers of mental health and drug and alcohol services.

## **Message from the Director**

This year the Board celebrates its 45th anniversary. We began in 1968 as the Richland County Mental Health and Mental Retardation Board. We continued as a single Board with Richland Newhope until 1980 when the two Boards split. In 1989 Governor Celeste added Chemical Addiction treatment and prevention to those services being overseen by Boards and established 53 Alcohol, Drug Addiction and Mental Health (ADAMH) Boards in the State of Ohio. Over this 45 years we have worked to establish stronger community based services and to establish the best possible services in the least restrictive environment for Richland County Residents.

During the preparations for our 45th anniversary celebration, that fell in line with the County's 200th anniversary, we found that one of the County's prominent forefathers was instrumental in evolving the humane treatment of the mentally ill in the State of Ohio. Roeliff Brinkerhoff drove the effort to eliminate mechanical restraints in institutions. He also implemented the first Cottage System at the Toledo Institution, allowing residents to live in a more home like environment while working and enjoying a community existence. Due to his contributions to the mental health system, this Board has established the Roeliff Brinkerhoff Award. This award will honor local community partners that go above and beyond expectation in support of behavioral health services. The first award was given posthumously to General Roeliff Brinkerhoff.

We had an opportunity to creatively use some new funds this year collaboratively with the Heartland Behavioral Health Region, know has HOT Spot funds. With these funds we were able to train several staff at Catalyst Life Services and Family Life Counseling in the Transition to Independence Process (TIPS) model of treatment to work with youth age 16 to 24. We purchased four teleconferencing equipment set-ups to begin providing and/or obtaining teletherapy services, work with criminal justice and ease the burden of travel for trainings and state wide meetings. Finally, we were able to fund two Care Coordinators that will be able to help youth, families and adults who are new to the system to navigate through the process.

We have also been working diligently to sway legislators to implement Medicaid Expansion. They decided to weigh their decision on Medicaid Expansion separate from the budget process, but Boards, providers and system advocates made a strong enough case that legislators added \$20 million dollars for drug and alcohol services and \$30 million dollars for mental health services to be implemented in SFY 2014. We will utilize these funds to establish some new "open doors" for the upcoming fiscal year.

### **Recovery to Work**

The Board entered into a contract with Opportunities for Ohioans with Disabilities Agency (OOD- formerly Rehabilitation Services Commission) in FY13 for a Recovery to Work Program. Partnering with OOD the Board was able to bring into the county \$632,798 for treatment services which required a match of \$127,427. The program is designed to help Richland County clients with opiate addictions or abuse; alcohol and/or other drug addiction or mental illness diverted from a local or state correctional facility; alcohol and/or drug addiction or mental illnesses that are veterans; and clients with a severe and persistent mental illness disability to secure employment. During this period the Board through Catalyst Life Services served 142 individuals. Seventy-three of those individuals were placed on a treatment plan and received services. Ten of the 72 are currently employed and rehabilitated. There are another seven who are employed but have not completed their 90 days of employment to be considered rehabilitated.

### **Kasich Administration Moving Forward With Medicaid Expansion**

The Kasich Administration announced that it received approval of a State Plan Amendment (SPA) to extend Medicaid coverage to Ohioans with incomes up to 138 percent of the poverty level, beginning Jan. 1, 2014. The only remaining action required was to seek Controlling Board authority to spend about \$3 billion in federal -only funds over the next two years to expand the state's Medicaid program to cover Ohio's working poor and helping thousands of individuals with mental illness and addiction.

## **CATALYST — LIFE SERVICES —**

On May 1, 2013 The Center for Individual and Family Services held a press conference announcing the rebranding of the organization. Catalyst Life Services is a collaboration of The Center for Individual & Family Services and The Rehabilitation Service of North of Central Ohio. The combined agencies date back to as early as 1953. Catalyst Companies provide services through The Rehab Center, Child & Adolescent Mental Health & Crisis Services, The Center Adult Mental Health & Crisis Services, New Beginnings Alcohol & Drug Treatment Services, Audiology Services, Community Center for the Deaf & Hard-of-hearing, District V Forensic Diagnostic Center, Progress Industries, Precise Services, and Oasis Peer to Peer organization.

### **PUBLIC OFFICIALS ACKNOWLEDGE RECOVERY MONTH**

In celebration of National Recovery Month Richland County officials presented proclamations to the Board.

On September 4th Commissioners Olson, Utt, and Wert proclaimed September Recovery Month in Richland County. Mayor Thacker and Mayor Parkison made similar proclamations for the City of Mansfield and the Village of Lexington respectively. On September 7th Mayor John proclaimed Recovery Month for the City of Shelby. The Board extends appreciation for the ongoing support of our elected officials as the Board works to accomplish its mission.