Richland County Mental Health & Recovery Services Board Meeting Minutes May 19, 2020

Present: Becky Brewster, Monica Durham, Sheila Holloway, Kym Lamb, Jennifer Lemon, Cindy Lewis, Ann Mitchell and Dr. Toward.

Excused: Sue Bemiller, Sheryl Groff, Jeff Hite, Christina Thompson

Unexcused:

Staff Present: Joe Trolian, Sherry Branham, Angie Parker, Carey Vogt

Guest: Erin Schaefer-Catalyst.

Kym Lamb called the Teleconference meeting to order at 5:35 P.M. Roll Call

1. * Approval of April 21, 2020 meeting minutes – Kym Lamb

Lamb asked if there was a motion to approve April 21, 2020 meeting minutes. Holloway motioned to approve, and Durham seconded. There was no further discussion. A roll call vote was taken with all approvals. Motion carried.

3. * <u>Motion to approve expenditures for the last half of April 2020 and the first half of May 2020</u> -Kym Lamb

Lamb asked if there was a motion to approve expenditures for the last half of April 2020 and the first half of May 2020. Moton motioned to approve the expenditures. Lewis seconded. There was no further discussion. A roll call vote was taken with all approvals. Motion carried.

4. Cash Position – Sherry Branham

The cash position beginning balance as of April 30, 2020 was \$4,535,018.77. We added a total revenue of \$1,731,881.53. Total expenditures for the same period were \$1,042,627.57. Leaving a fund balance of 5,224,272.73. This is an increase of \$689,253.96.

5. Nominating Committee- Becky Brewster

Brewster announced the slate of officers being proposed by the Nominating Committee for State Fiscal Year 2021. They are:

Chair: Cindy Lewis

Vice Chair: Jennifer Lemon

Treasurer: Jeff Hite

Secretary: Christina Thompson

Brewster asked if there were any nominations to be added from the floor. Hearing none, she announced that this slate of officers will be voted on by the full Board at the June 16th Board meeting.

5. Presidents Report – Kym Lamb

Lamb discussed the current progress of the Virtual May is Mental Health Month. This program is moving along well. We are posting something new every day and are referring to it as the 31 days of Mental Health. She encouraged everyone to check it out and share it. She also highlighted how

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all of the agencies have done a banner job of making their virtual presence known and Catalyst has actually put out yard signs emphasizing the Strive for Five initiative.

6. Executive Director's Report – Joe Trolian

Trolian announced that the Board is working in partnership with United Way and WMFD to support an effort by the Mid-State Multimedia to emphasize behavioral health and wellness during this time of crisis. Originally the offer was to utilize \$20,000 of donated airtime between Memorial Day and Labor Day. However, after Jay Fox from WMFD heard about the KnowItB4UNeedIt movement, he went back to his administration and they agreed to extend this for the next year and increase the donated air time which could amount to as high as \$100K. The goal is to have many 20 second spots that can be read by local personalities on various topics for radio. We will also look at spots for TV and engage Richland Source for online media, possible billboard spots, etc.

Trolian also reported that he was approached by Richland Source to help with a Week of Wellness where they want to record 20-30 minute videos on various topics like; stress management, dealing with anxiety, managing health, etc. They will be running these spots in June.

Trolian asked Erin Schaefer from Catalyst to let the Board know how the agency is doing. Schaefer reported that they are open, working various approaches and starting to see a significant increase in requests for new services. She said that from a crisis stand-point, that we saw an additional 2 suicides over the weekend, so again and emphasis on the Strive for Five Initiative was made. Trolian shared a report from NAMI where they stated they are holding their meetings virtually and that they have been very well attended.

7. Old Business

None to Report

8. New Business

Dr. Toward reported that Third Street Family Health Services has been approved to extend their Medication Assisted Treatment to a younger population (12-17). They have developed the protocols. Trolian complimented Dr. Toward on his pioneering approach. He shared that Akron Children's has a program, but that is the only other one that he was aware of. They have heard there is a need.

9. Future Agenda Items

None to report

10. * Adjournment

Moton motioned to adjourn the meeting and Brewster seconded. The meeting was adjourned at 6:15 PM.

ATTESTED BY;

Kym Lamb, Chair

Cindy Lewis, Vice chair