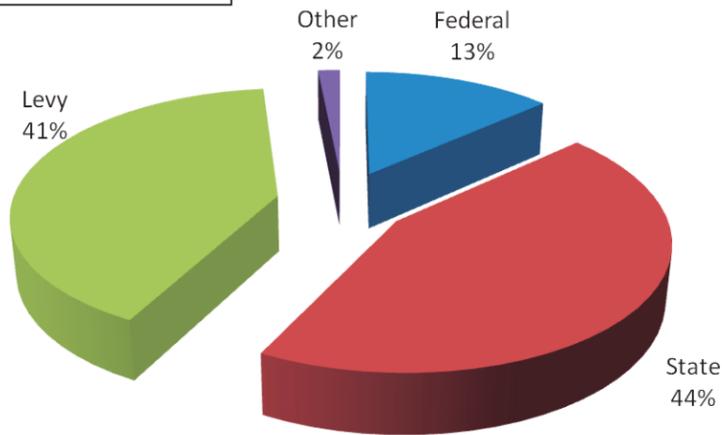


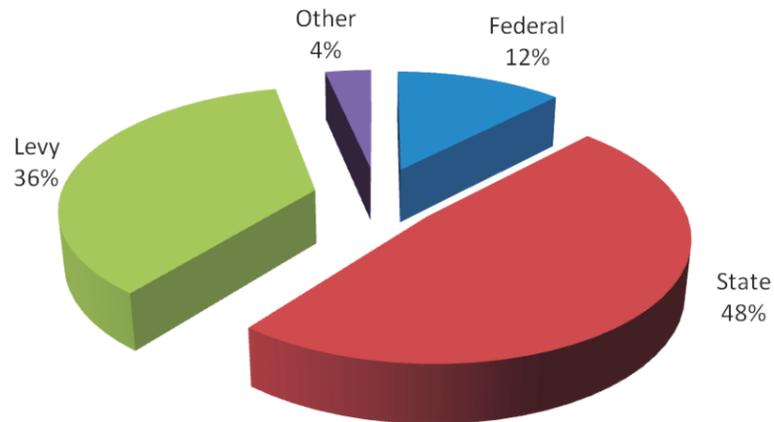
# Board finances...

Carolyn Muth, Director of Internal Operations, manages financials for the Board and reflecting back on FY15 states, "I strove to ensure Board federal, state and levy funds were used as intended; expenses did not exceed revenue; and the Board maintained a balanced budget."

Fiscal Year 2015 Revenue by Source \$5,143,555



Fiscal Year 2015 Expenditures by Source \$4,973,988



## Provider Network

### Contract Agencies:

CACY (Community Action for Capable Youth) (419) 774-5683, [www.cacyohio.org](http://www.cacyohio.org)

Catalyst Life Services - Mental health & drug and alcohol treatment services (419) 756-1717, [www.richlandthecenter.com](http://www.richlandthecenter.com)

Family Life Counseling & Psychiatric Services (419) 774-9969, [www.flcps.com](http://www.flcps.com)

NAMI (Richland County National Alliance on Mental Illness) (419) 522-NAMI (6264), [www.NAMI.org](http://www.NAMI.org)

UMADAOP (Urban Minority Alcoholism and Drug Abuse Outreach Program) (419) 525-3525, [www.mansfieldumadaop.com/](http://www.mansfieldumadaop.com/)

Three C Counseling (419) 522-5015, [www.threecounseling.com](http://www.threecounseling.com)

### Affiliate Agencies:

Abraxas (419) 747-3322, [www.abraxasyfs.com](http://www.abraxasyfs.com)

Foundations for Living (419) 589-5511, [www.foundationsforliving.net/](http://www.foundationsforliving.net/)

VNA (Visiting Nurse Association of Mid-Ohio) (419) 522-4969, [www.vnaohio.org](http://www.vnaohio.org)

Youth & Family Council (419) 522-8213, [www.richlandcountyouthandfamilycouncil.org/](http://www.richlandcountyouthandfamilycouncil.org/)



# Annual Report

### in this issue >>>

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## A Message from the Director Breaking Down Barriers!

Joe Trolian, Executive Director of the Mental Health and Recovery Services Board said the Board faced many new obstacles in FY15, staff came out swinging and what originally appeared to be challenges suddenly became viewed as opportunities.

The Board started State Fiscal Year 2015 (SFY15) with a full implementation of the GOSH IT System (GOSH). This was an internal procedure that would be viewed as seamless to the community. Through GOSH we are seeing significant data and billing efficiencies at both the Board and Agency levels. GOSH has also given the Board an opportunity to offer contract services to other counties and produce a new revenue stream.

SFY15 was exciting as it allowed the Board to enhance services in Richland County. The enhancements included diagnostic assessments at no out of pocket expense to Richland County residents. The most frequent request for help from the community prior to SFY15, was to cover out-of-pocket costs associated with initial assessment. Calls from people having problems accessing an initial assessment have virtually disappeared and we have seen an increase in access to the initial assessments of over 30%. Our agencies are also seeing a higher rate of service retention.

To help address the opiate epidemic in our county we have strengthened relationships by implementing services at the jail to coordinate initial contacts between our agencies and people leaving the jail, with the belief that they follow through with treatment upon discharge. We also have continued to partner with Third Street Family Health Services which has allowed us to provide Medication Assisted Treatment more consistently throughout the community.

*I look forward to working with all Richland County Residents in continuing our Legacy of Hope and Success!*

In February SFY15, we held our first Steering Committee Meeting for our 10-Year 1 Mil Levy Renewal. We developed a new tagline for the campaign, "Continuing a Legacy of Hope and Success."

We kicked off May is Mental Health Month by changing of the American and Ohio Flags. These flags flew over our office for a year on a memorial flag pole that honors Tom Chambers. The flags were given to his wife Heidi. It was a very emotional event, but has given the Board a ... continued on page 3



# Board Offers Trainings

Providing excellent and ongoing training opportunities for Richland County professionals continues to be a goal of the Richland County Mental Health & Recovery Services Board.

## Exploring Changes in the DSM5

This training highlighted the changes between the DSM IV-TR and the DSM5.

## Ethics Training: Supervising to Build Proficiency

The training focus was on becoming aware of ethical, legal, regulatory issues and the responsibilities of supervisors to teach, supervise and develop proficiency in practice.

## QPR Suicide Prevention

Board staff and partnering agencies continued to provide free Question, Persuade, and Refer (QPR) trainings, focusing on suicide prevention, to organizations in Richland County.

## Road Maps to Recovery

The largest of our training events for FY15 the



Road Maps to Recovery Conference was held at Mid-Ohio Conference Center on May 5, 2015 and focused on the fact that people can and do recover from a Mental Health Diagnosis. Cheri Walter, MA, LICDC and Chief Executive Officer of Ohio Association of County Behavioral Health Authorities provided the keynote address. Walter presented on the state-wide Initiative of Recovery is Beautiful. There were 15 breakout sessions with nearly 150 attendees.



## Collaborative Trainings Were Held With Community Partners

- Domestic Minor Sex Trafficking and Gangs, Cliques and Crews with Foundations for Living
- Street Smart and Substance Abuse Prevention Across the Lifespan with CACY
- Bridges out of Poverty—Catholic Charities
- Crisis Intervention Training—NAMI



# Richland County Becoming TIROCC

The Board envisioned Richland County becoming a Trauma Informed Recovery Oriented Community of Care.

The Richland County Board is one of 8 ROSC (Recovery-Oriented System of Care) pilot boards in Ohio. ROSC is a way of thinking about service delivery for those with mental illness and/or addiction disorders that focus first and foremost on clients and family members. ROSC emphasizes the importance of peer supports, employment supports, housing, and transportation. It calls for services that are culturally appropriate, and delivered in an accountable, effective, and efficient manner. ROSC recognizes that local management of behavioral health services are vital

and that local communities are in the best position to design and manage their Recovery-Oriented System of Care. The objective is to “Change the Conversation”. Mental illnesses and addiction disorders are chronic illnesses and can be successfully treated.

Being Trauma Informed means services are provided in a non-threatening and non-coercive manner with focus on recovery, resilience and trauma. Interdepartmental relationships are available for the exchange of information and access to cross-system services for the betterment of consumers and families. In addition is the idea that we need to care for those that are caring for individuals who are receiving services in the behavioral health system.

Richland County is working to marry these two methodologies. The belief is a trauma informed recovery oriented system will create an environment that is conducive to effective service delivery.



**Renewal**

**Vote for Mental Health & Recovery Services**

**A Legacy of Hope and Success**

## A Legacy of Hope and Success!

On November 3, 2015 Richland County voters will go to the poles to vote on a 10 year 1 mil renewal levy for mental health and substance abuse treatment services.

Over seven thousand Richland County residents receive treatment through our funded agencies annually. In addition, more than three thousand Richland County youth and family members receive educational, preventive and coordination services in schools, churches and other community settings.

Levy funds help provide services through our six contract agencies: Catalyst Life Services, Community Action for Capable Youth, Family Life Counseling and Psychiatric Services, Mansfield UMADAOP, National Alliance on Mental Illness and Three C Counseling as well as several affiliate agencies and local partners.

For nearly 30 years Richland County has supported services for individuals, family members, friends and neighbors suffering from mental illness and addiction. In return, we assure that services are available to ALL Richland County Residents. We also make sure that local dollars stay local. Levy dollars pay for Richland County residents, receiving services from Richland County agencies. Our levy effort is to assure that this **Legacy of Hope and Success** will be here to provide much needed assistance to the people of Richland County now and in the future.

We thank you for your support!

## Successful Collaborations>>>

# Board Members Retire after Years of Service

Jeff O'Brien received an award for eight years of committed services at his last official Board meeting. Joe Trolian extended a thank you on behalf of the Board of Directors and the Mental Health & Recovery Services Board.

**Jeff O'Brien** came to the Mental Health and Recovery Services Board as an appointee by the Richland County Commissioners. He served from July 24, 2007 through June 30, 2015. O'Brien served two consecutive terms as Chair leading the Board through the 2010 replacement Levy. He gave countless hours of his time working to ensure the successful passing of the levy. O'Brien also served as Vice-Chair during his time on the Board. O'Brien is a retired General Motors employee who started his personal business called All Right Pest Solutions.

**Dick Walters** was appointed by the Richland County Commissioners and served from April 15, 2008 through June 30, 2015. As a partner in Rinehart, Walters, Danner Insurance he brought



Expertise to the Board regarding questions surrounding insurance. Walters was very active in his role as a Board Member serving on various committees and holding the seats of Secretary and Treasurer during his time on the Board. Walters took initiative to support bullying prevention which resulted in CACY implementing programming in various Richland County schools.

**Lanette Remaley** was appointed by Ohio Department of Mental Health and Addiction Services and served on the Board of Directors from July 1, 2007 through June 30, 2015. Remaley was always an advocate for those in need of help in Richland County. Remaley served on several various committees throughout the years and as Vice Chair and Chair during her time on the Board.

It was with sadness that term limits were met for these three dedicated individuals who gave their time tirelessly and consistently. The Board and Staff extend their gratitude and wish Jeff, Dick and Lanette much success as they move forward.



## A Message from the Director—Cont.

yearly tradition that allows us to keep Tom's memory alive.

We are hoping for great success in the year to come with passing the Mental Health and Recovery Services Levy. We also have every intention to continue to support and strengthen our agencies so they have the tools needed to fight the opiate epidemic facing our community. I look forward to working with all Richland County residents in the future to continue our Legacy of Hope and Success.

Respectfully,  
Joe Trolian, MA, LPCC-S, LICDC-CS

## ask the experts >>>

# How do I become a Board Member?

Seats to the Board of Directors are appointed by the Ohio Department of Mental Health and the Richland County Commissioners. For more information on becoming a Board member call (419) 774-5811.

