

The Mental Health & Recovery Services Board is the administrative agent for the following organizations that pro

"There is nothing wrong with change, if it is in the right direction" – Winston Churchill



The Mental Health & Recovery Services Board is the administrative agent for the following organizations that provide assistance, support and advocacy to behavioral health clients and families.

CACY (Community Action for Capable Youth) - Alcohol, tobacco, and drug prevention services, 419-774-5683, www.cacyohio.org

Catalyst Life Services - Mental health & drug and alcohol treatment services, 419-756-1717, www.richlandthecenter.com

Foundations for Living - Residential mental health & alcohol and drug treatment for youth, 419-589-5511, www.foundationsforliving.net

Abraxas - Residential alcohol and drug treatment and behavioral modification for delinquent and dependant adolescent males ages 12 to 18, 419-747-3322, www.abraxasyfs.com

Family Life Counseling & Psychiatric Services - Mental health & drug and alcohol treatment services, 419-774-9969, www.flcps.com

NAMI (Richland County National Alliance on Mental Illness) - Mental health support, education and advocacy for consumers and their families, 419-522-NAMI(6264), www.NAMI.org

UMADAOP (Urban Minority Alcoholism and Drug Abuse Outreach Program) - Alcohol and drug addiction treatment and prevention and programming for individuals returning from incarceration or probation, 419-525-3525, www.umadaops.com/mansfield.htm

The Silver Lining Group - Services to youth with autism spectrum disorders and behavioral problems, 419-949-4415, www.silverlininggroup.info

Three C Counseling - Drug and alcohol treatment services, 419-522-5015, www.threeccounseling.com

VNA (Visiting Nurse Association of Mid-Ohio) - In home support and mental health treatment services, 419-522-4969, www.vnaohio.org



2014 ANNUAL REPORT

Richland County Mental Health & Recovery Services Board

Road Maps to Recovery >>>

1st Annual Road Maps to Recovery Conference a Success

The 1st annual conference Road Maps to Recovery was held on May 21, 2014 at the Mid Ohio Education Services Center. There were 144 registrants and 9 walk in registrants.

Overview of the Day

Richland County Mental Health & Recovery Services Boards Executive Director, Joe Trolian, offered a welcome and OhioMHAS Director Tracy Plouck opened the morning with a State of the State presentation.



Keynotes

There were two keynote speakers at the conference. The morning keynote presentation was given by Lana Harrison who presented Expanding our View of Recovery Using a Trauma Informed Approach. John Ellis presented

the afternoon keynote presentation was on Recovery Oriented System of Care.

Breakout Sessions

There were twelve breakout sessions. The sessions included topics such as college success, treating individuals with a first onset psychotic disorder, relationship building, Trauma Informed Recovery (the Sanctuary Model), recovery and self determination, medication assisted treatment, the Heartland Community Partnership, evidence based programming in Municipal Court, an Executive Directors focus group, parenting, spirituality and recovery, and employment.

Community Partnership

The Board extends appreciation to the many organizations and planning partners who played a vital role in making this years conference a success. We look forward to continued partnerships and the planning of the 2nd Annual Road Maps to Recovery Conference.



On September 26, 2013 The Board in collaboration with Catalyst Life Services, CACY, Mansfield Police Department, and Ontario Police Department hosted Robby's Voice at Ontario High School. The forum focused on substance abuse prevention. The auditorium was filled with people who came to hear the personal story of Robert Brandt who lost his son in October of 2011 to drug overdose. Robby's struggles began with prescription pain pills after he had a tooth removed and quickly led to heroin due to it's cheaper and easier access. His struggles ended sadly with a drug overdose on October 21, 2011.

In Memorandum...



Tom Chambers Tom Chambers was an amazing man who served his country and community with courage, commitment and bravery!

Tom served in the United States Army for 20 years and the Richland County Community Behavioral Health System for 20 years. Tom left a legacy of successes and



Message from the Director

SFY14 started off on a tragic note with the loss of our Associate Director Thomas Chambers. This was a devastating blow to the Board as well as the system that Mr. Chambers had worked in since the early 90's. We honored Tom by dedicating a flag pole to him, honoring his service to his community and his 20 years of service in the United States Army.

Much of SFY14 was spent a significant portion of the start of SFY 14 was spent preparing to implement Medicaid Expansion. For the first time, Medicaid would be based solely on income and would be available for many of our consumers that had been denied for years. Services such as

diagnostic assessments, case management, crisis services and room and board were made available at no cost to the consumer. We also expanded the sliding fee scale to four local agencies allowing individuals between 138% and 200% of poverty t receive some assistance.

The Board obtained its three year recertification in Culture of Quality (COQ). COQ is a Statewide quality accreditation process that assures that we are doing business properly and ethically and being good stewards of the tax payers dollars. We are one of only 24 Board in the State who have achieved this certification.

A large plus to the community was the renovation and expansion of the Crisis Stabilization Unit from nine beds to thirteen beds. This is a crucial services that allows the us to offer a services option for folks in crisis, that do not need a hospital level of care, but may not be safe to return home at this specific time. The unit gives them a safe environment to deescalate their crisis along with easy access to services.

We also strengthened our relationship with Third Street Family Health Services and Catalyst Life Services. We had supported the implementation of a full time General Practitioner in the Adult Services Department at Catalyst. This was done to ensure individuals were receiving access to physical health care while undergoing behavioral health care. This program was so successful that we implemented a full time pediatrician to expand the service to youth in May. We have plans to further our collaboration with Catalyst Life Services and Third Street Clinic, during SFY15, to combat the ever-growing opiate epidemic in Richland County.

On October 1, 2013 the Board joined with CACY (Community Action for Capable Youth) to host Above the Influence. Catalyst Life Services and Mansfield City Schools sponsored the event. Speakers from CACY, the Board, and Mansfield Police Department joined with students to present this substance abuse prevention program to the student body. The event was a great success and very educational.

Culture of Quality (COQ)

In FY14 the staff of the Mental Health and Recovery Services Board reviewed and revised all Board policies and procedures for the purpose of reaccreditation with the Ohio Association of County Behavioral Health Authorities. Policies were then submitted to a panel of Board members who served on the Richland County Mental Health and Recovery Services Board of Directors. The Board of Directors approved the policy revisions in preparation for the reaccreditation site survey. Ohio Association of County Behavioral Health Authorities staff met with Administrators of the Board and completed an audit on all policies and procedures to ensure compliance with the COQ Standards. The Board was approved for a three year reaccreditation in January of 2014. The Board was originally accredited in July of 2009. a legacy of successes and caring and will be greatly missed by his family, friends and colleagues.

The Richland County Mental Health Services Board and its staff extends gratitude to Tom for his dedication to the behavioral health field and his country.

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You are truly missed! Rest in peace! In remembrance; Joe, Carolyn, Sherry, Julie, Angie, and Nancy!

Resting where no shadows fall, loved and remembered by us all.

