



FY12 ANNUAL REPORT

*Treatment Works...
People Recover...*

Fiscal Year 2012 was highlighted by the progress of the Recovery to Work Program. This demonstrated a formalized relationship between The Ohio Department of Alcohol and Drug Addiction Services, The Rehabilitation Services Commission, The Center for Individual and Family Services and the Board. The program was designed to identify those individuals struggling with addiction, with particular focus on those with opiate addiction, and provide opportunity for them to participate in an intensive treatment program. As individuals make progress in drug and alcohol treatment they begin vocational training with the ultimate goal being gainful employment. The program demonstrated such significant success that Richland County was allocated additional funding which allowed an increase in the size of the program.



The Board was also able to work in partnership with the Mansfield/Richland/Ontario Health Department and MedCentral to complete the Richland County Community Health Assessment. It had been over four years since the last community health assessment was completed. The allocation of some one-time State funds helped to make the assessment a reality. On February 24th the collaborative rolled out the 151 page assessment outcomes. This program surveyed age groups 0 to 11, 12 to 18, and 19 and over. This community assessment highlighted a number of issues. One of the most shocking being the early onset of risky behaviors of youth. The collaborative will use the outcomes to develop a strategic plan. Over the next few years the plan will address the top concerns that were identified.

The Board has put a lot of planning in place to address the upcoming issues surrounding Health Care Reform. Part of that process was to begin working with agencies to ensure that they were prepared to provide some of their own IT services to make sure that they were able to bill for services provided as well as receive payment. The Board has entered into new relationships with agencies to provide many of the services on their behalf and expand the direct services provided by the Board.

The Board has also been very active in establishing new and innovative directed grants such as QPR Training, which is an evidence-based approach to training professionals, para-professionals and community members in suicide warning signs and early intervention. We will be implementing the trainings in the upcoming fiscal year. We will also be implementing programs in the next fiscal year through special funding that address services to transitional-aged youth, re-entry populations, housing for consumers in need and navigational help for new consumers entering the system.

The Board will continue to expand its role in SFY 2013 to meet the needs of the changing environment created by Health Care Reform and Medicaid elevation. I predict that the Board you see today will look significantly different than the Board that evolves over the next few years.

Joe Trolian, MA, LPCC-S, LICDC
Executive Director

Two Agencies Join the Mental Health and Recovery Services Board as Treatment Providers

In FY12 Three C Counseling LLC and The Silver Lining Group became providers under the Mental Health & Recovery Services Board umbrella.

Three C Counseling LLC is dedicated to working with individuals to provide effective high quality substance abuse treatment. The treatment modality used by Three C Counseling LLC provides structure and promotes healthier lifestyles.

The Silver Lining Group works with children with autism and other mental health disorders. They work to help these children reach their highest potential by providing ongoing evidence based therapeutic treatment services.

The Board welcomes these two agencies and the specialized services they offer.

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Educational Opportunities Abound

There were a variety of trainings held or co-sponsored by the Board during FY12. These trainings offer training credits including CEU's for licensed social workers, RCH's for chemical dependency professionals and MCE's for psychologists. The Board recognizes the need to go beyond trainings for professionals and offered training to family members and consumers.

On September 15, 2011, Joe Trolian presented "Recovery from Addiction: Life After Treatment" at The Center's Food for Thought training. Community professionals attend these trainings which are offered several times throughout the year and are on various training topics.

The 4th Annual RSVP Recovery Conference was held on September 28, 2011, with the Directors from Ohio Department of Mental Health and Ohio Department of Alcohol and Drug Addiction Services opening the day. They provided a State of the State address. There were two keynote speakers and 12 breakout sessions that offered educational opportunities for professionals, consumers and family members. This training is a regional collaboration between Richland, Wayne/Holmes, Ashland County Boards.

Carol Brown presented Supervising Ethical Practice for the Boards annual ethics training on September 22, 2011. On October 27, 2011, Joe Trolian presented at the Richland County Healthy Living Program.

On November 4, 2011, Richland County NAMI (National Alliance on Mental Illness) began its 14th CIT (Crisis Intervention Training). This training is co-sponsored by the Richland County Mental Health and Recovery Services Board and is designed to offer 40 hours of training to emergency responders with focus on mental health education. By the end of FY12 there were 348 Richland County emergency responders trained.

In addition, the Board provided training hours for trainings offered by The Center including Leadership 101 and Child & Adolescent Annual Mini Seminar.

The number of registrants that signed up and attended trainings, either hosted by Board or in collaboration with other organizations was 389. We are happy to have had the opportunity to bring educational opportunities to the community for professionals, consumers and families. We will continue to ensure these opportunities are available.



May and September Offer Opportunities to Individuals and Families

Recovery Month was in September 2011 and brought opportunities to celebrate recovery from mental health and addiction. Proclamations were given by the Richland County Commissioners and Lucas, Plymouth, and Butler Village Councils. The Board held a Supervisory Ethics Training, an educational Community Forum on Bath Salts, and an information booth at the Women's Financial Toolkit Training. Joe Trolain presented a training entitled Recovery from Addiction: "Life after Treatment".

May of 2012 brought Mental Health Month which began with a kickoff at the Central Park Gazebo in Mansfield. A meeting of the Richland County Suicide Prevention Coalition was held. Joe Trolain Executive Director of the Board and Mary Kay Pierce Director of NAMI were on Focus on North Central Ohio talking about mental health awareness and the importance of reducing the stigma that surrounds a mental health diagnosis. Mansfield Police Department invited the Board to participate in a drug take back day and the Board held an informational booth at the Minority Health Fair. The Center for Individual and Family Services highlighted their 24 hour a day 7 days a week Helpline (419-522-4357) and held an open house for National Children's Mental Health Awareness. Area Agency on Aging held their Spring Spectacular at the Renaissance Theater in recognition of Older Americans Month. Silver Lining Group offered free developmental and behavioral screenings for children and community trainings. NAMI held a support group meeting with a speaker presenting on Hope and Mental Illness. CACY hosted a family night and the Board completed the month by holding its Annual Dinner Celebration.

Each September and May the Board and its community partners compile a calendar of events. For more information please contact the Board office 419-774-5811 or visit our website at www.richlandmentalhealth.com.

ADVOCACY

Mental Health and Recovery Services Board staff continues to advocate for funding and services for the Richland County community's most vulnerable residents by participating in various committees at both the state and local level.

At the state level these committees include Ohio Association on County Behavioral Health Authorities Division Council, Executive Council, Fiscal Committee, Kids Committee, 2014 Committee, MIS Committee, and the Medicaid Committee.

On a local level the Board is a member of the Specialty Dockets Advisory Committee, CIT Advisory Committee, Domestic Violence Sexual Assault Coalition, Coalition on Housing and Homeless, County Organization on Disaster Assistance, the Suicide Prevention Coalition, the Children's Fatality Review Board, and NAMI Advisory Board.

Suicide Prevention Efforts in Richland County

The Richland County Suicide Prevention Coalition is managed by the Board and is comprised of community partners from Richland County including NAMI, Mansfield/Ontario/Richland Health Department, Mansfield Police Department, the Coroner, Children Services, Mansfield City Schools, The Center for Individual and Family Services, Foundations for Living, Area Agency on Aging, Visiting Nurse Association, MedCentral, OSU-Mansfield, Youth & Family Council, CACY, and individuals who have lost loved ones to suicide. The Coalition focuses on prevention and works to reduce the number of suicides and suicide attempts in Richland County. For more information on the Suicide Prevention Coalition or our free prevention training call 419-774-5811.

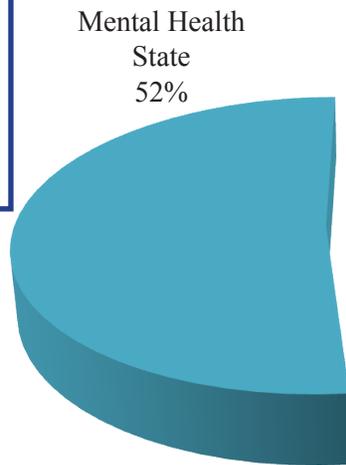
Director of ODMH Visits Richland County

On January 19, 2012, the Board was fortunate to have a visit from Ohio Department of Mental Health (ODMH) Director Tracy Plouck. Plouck spent the day meeting with Judges, Providers, and Board staff. Ms. Plouck visited The Center for Individual and Family Services and toured their various programs. She later met with the Mental Health & Recovery Services Board of Directors and updated them on the state of ODMH.

Total Revenue

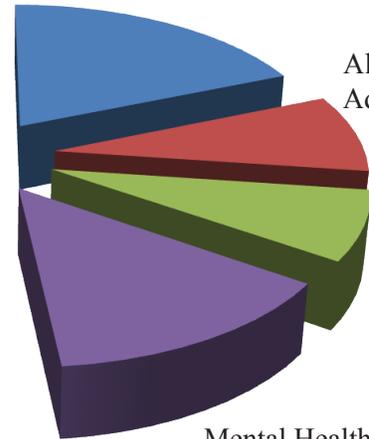
\$10,581,806

Mental Health & Recovery Levy \$1,980,000
Alcohol & Drug Addiction Federal \$895,357
Alcohol & Drug Addiction State \$794,594
Mental Health Federal \$1,454,433
Mental Health State \$5,457,422



MH & Recovery

Levy Funds 15%



Alcohol and Drug Addiction Services

17%

Administration

6%

Other 1%

Mental Health Services

76%

Total Expenditure

\$10,161,937

Administration \$614,119
Other \$132,128
Mental Health Services \$7,714,896
Alcohol and Drug Addiction Services \$1,700,794

The Mental Health & Recovery Services Board is the administrative agent for the following organizations that provide assistance, support and advocacy to behavioral health clients.

CACY (Community Action for Capable Youth) - Alcohol, tobacco, and drug prevention services, 419-774-5683, www.cacyohio.org

The Center (The Center for Individual & Family Services)

The Rehab Center and New Beginnings (Rehabilitation Center of North Central Ohio) - Mental health & drug and alcohol treatment services, 419-756-1717, www.richlandthecenter.com

Foundations for Living - Residential mental health & alcohol and drug treatment for youth, 419-589-5511, www.foundationsforliving.net

Abraxas - Residential alcohol and drug treatment and behavioral modification for delinquent and dependant adolescent males ages 12 to 18, 419-747-3322, www.abraxasyfs.com

Family Life Counseling & Psychiatric Services - Mental health & drug and alcohol treatment services, 419-774-9969, www.flcps.com

NAMI (Richland County National Alliance on Mental Illness) - Mental health support, education and advocacy for consumers and their families, 419-522-NAMI(6264), www.NAMI.org

UMADAOP (Urban Minority Alcohol and Drug Addiction Outreach Program) - Alcohol and drug addiction treatment and prevention and programming for individuals returning from incarceration or probation, 419-525-3525, www.umadaops.com/mansfield.htm

The Silver Lining Group - Services to youth with autism spectrum disorders and behavioral problems, 419-949-4415, www.silverlininggroup.info

Three C Counseling - Drug and alcohol treatment services, 419-522-5015, www.threecounseling.com

VNA (Visiting Nurse Association of Mid-Ohio) - In home support and mental health treatment services, 419-522-4969, www.vnaohio.org