

# Community of Care

## 2016 Recovery Month Calendar of Events

### August 31st

7:00 p.m. International Overdose Awareness Day is a global event held each year and aims to raise awareness of overdose and reduce the stigma of a drug related deaths. It also acknowledges the grief felt by families and friends remembering those who have met with death or permanent injury as a result of drug overdose. This year's "Time to Remember, Time to Act" event will be held at the Brickyard at 21 W Temple Ct in Mansfield. The event will feature live music by Ethan Kool, Underground Art, Community Resources, and a Candlelight Vigil. The Event is sponsored by Richland Bank. It is a fund raiser for Starfish Project of Richland County who will utilize the funds for scholarships for individuals who need treatment. There will be registration available for the 13er. For more information contact Traci Willis at 419-961-8159.

### September 1st thru September 30th

Catalyst Life Services will have Helpline available 24 hours a day 7 days a week for questions/concerns regarding substance use and mental health recovery. Call 419-522-HELP (4357).

### September 1st thru September 30th

Three C Counseling provides AoD assessments 24 hours a day, 7 days a week, 365 days a year. All you need to do is call 419-961-3098 if it is after business hours. Appointments are available on a walk-in basis Monday-Friday 8am to 3pm. You can also call 419-522-5015 to schedule an appointment.

### September 1st thru September 30th

Catalyst Life Services will have various events which will be held to help individuals focus on recovery. These events include art projects for clients, 12 step programming, and staff trainings. For more information call Catalyst Life Services at 419-756-1717 or go to <http://www.catalystlifeservices.org/>.

### September 1st thru September 30th

Catalyst Life Services is now offering a Warmline for Richland County residents. The Warm Line provides supportive, confidential telephone services for persons feeling overwhelmed or just needing to talk. The Warm Line is a friendly telephone support line operated by trained call specialists who offer non-judgmental support and actively listen to callers' concerns. No treatment recommendations are given, however referral to community resources are provided. "When you need someone to talk to" call (419) 522-4357. Hours are 3:00 PM to 11:00 PM seven days a week.

### September 1st

9:30 a.m. The Richland County Commissioners will present a proclamation to the Richland County Mental Health and Recovery Services Board proclaiming September as Recovery Month in Richland County.

### September 1st

12:30 p.m. The Richland County Mental Health and Recovery Services Board in collaboration with Richland County NAMI and OSU-Mansfield will host the Suicide Awareness, Remembrance & Prevention Event at Founders Auditorium on the OSU campus in Mansfield. The event will offer a panel of professionals who work in prevention, mental health, advocacy, the Coroner's office and in clinical services. The event is free and open to the public. There will be an activity the day of the event that offers individuals an opportunity to share how their lives have been touched by suicide. There will be free t-shirts given out at the event.

### September 2nd

12:00 p.m. Dick Beardsley, a record breaking marathoner whom has overcome drug addiction will be speaking to drug and alcohol treatment groups at (New Beginnings residents, intensive outpatient participants, and AOD program groups) at lunchtime. Having someone of Dick's caliber to help inspire Catalyst clients will be a wonderful opportunity as he advocates incorporating wellness and exercise into the recovery process.

### September 2nd

6:00 p.m. - 8:00 p.m. Catalyst Life Services, NECIC Temp2Higher, Next Generation Films, Inc, Richland County Foundation and Richland County Mental Health & Recovery Services Board are co-sponsoring the Spherion Mid-Ohio 13ER Pre-Race Dinner with guest Speaker Dick Beardsley. The dinner will focus on how to Stay the Course on the road to recovery after addiction. Tickets for the event can be purchased by calling 419-774-6710. The dinner will be held at the Holiday Inn & Suites at 116 Park Ave W. Mansfield.

### September 3rd

The Spherion Mid-Ohio 13ER Run for unity. Race for prevention. For more information go to [www.midohio13er.com](http://www.midohio13er.com)

### September 8th

Richland County NAMI will host it's Family To Family Education Program. Classes are every Thursday for 12 weeks. Classes will be held at the Mental Health and Recovery Services Board. To register call NAMI at 419-522-6264.

### September 8th

StarfishProject have our third annual Richland Redemption event Sept 10th on the square at the Gazebo that focuses on the organizations and groups that provide help and support for those struggling with addiction and their families. Starfish has helped several people over the past 3 1/2 years who are in recovery. This event is to show that there is hope and help.

### September 14th

6:00 p.m. - 8:00 p.m. The Richland County Alternative Center will be providing a Family Education Program for families of persons with substance abuse. Information will include latest research information regarding addiction, support systems available in the community for the family and information on how to reduce secondary reinforcement to the addiction. Park in the parking lot near the sheriff's office or the lower parking lot. Entrance is at the upper parking lot. Signs will be posted to direct attendees to the conference room. For further information contact Susan Lehr, LICDC-CS, LSW, Clinical Supervisor by calling 419-612-3291.

### September 26th 10:00 a.m. until 12:00 p.m.

Healing Hearts Counseling Center will be hosting a program, "Creating a New Message", featuring Tracy Plouck, Director OhioMHAS, Dr. James Sturmi, Board Certified Addictionologist, and Ms. Rebecca Price (community member who suffered recent loss of parents to heroin overdose). The program will be held at 680 Park Ave. W., Mansfield, Ohio, 44906, Monday, September 26<sup>th</sup>, Please RSVP to Anita at 419-528-5993. Seating is limited (Max. 2 per org.)

### September 26th through September 30th

Richland County NAMI will host Crisis Intervention Team Training. The training is designed to educate Emergency Responders and Police Officer's how to work with individuals who have a mental health diagnosis and their families.

### September 29th

11:00 a.m. The Richland County Mental Health & Recovery Services Board will host the groundbreaking for its new Transitional Age Youth Apartment building which will be located at 285 Grandview Avenue in Mansfield, Ohio. Dignitaries will be present to help the Board celebrate the groundbreaking. For further information contact Sherry Branham at 419-774-5811.

For more Information on Recovery Month events contact Sherry Branham at the  
Mental Health & Recovery Services Board at 419-774-5811 or go to  
[www.richlandmentalhealth.com](http://www.richlandmentalhealth.com)